

Title: NatureClassroom

Topic: Nature spaces within New Education and their relationship.

Abstract:

Integrating nature into education is crucial for nurturing well-rounded individuals who are environmentally conscious, physically and mentally healthy, and equipped with the skills needed to address the ODS and new challenges of the 21st century.

Keywords: Nature, brain health, ODS, green spaces, primary and secondary education, educational environments, University

Objectives:

- Demonstrate how education needs to reconnect with nature and engage with it in a responsible and active manner.
- In an interconnected digital world, how important it is to get in contact with our nature and essence.
- Create natural workspaces in classrooms of schools and universities where nature has a strong presence and serves as an active educational element.
- Use Nature and Outdoor Activity to Improve Children's Health.
- Prove how nature or naturalizing spaces enhances well-being and also enriches the learning experience and ultimately impacts the outcomes of the educational process, as supported by studies and the concept of Naturalness by Peter Barret.¹

Research method:

- Investigate previous research
- Qualitative Research by **Focus groups of students**
- Quantitative Research
- Surveys and questionnaires
- Experiments testing hypotheses in schools and universities.

Conclusions

Integrating nature into education through green spaces and outdoor activities is essential for fostering holistic development, environmental consciousness, and overall well-being. Through a combination of qualitative and quantitative research methods, this study advocates for the creation of natural workspaces in educational environments to enhance student learning and health.

¹ https://www.cleverclassroomsdesign.co.uk/_files/ugd/902e4a_6aa724a74ba04b46b716e528b92ad7fc.pdf